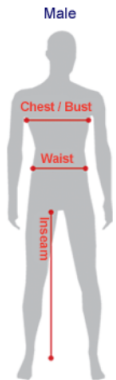


## Trousers fitting sizes



### Chest / Bust

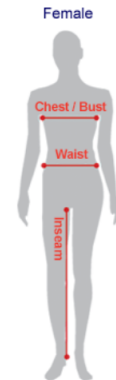
Measure over clothes when sizing coats.  
Measure around the fullest area of chest/bust and underarms.  
Keep tape straight and level.

### Waist

Measure just above your hip bone, just a bit above your belly button.  
Breathe comfortably, don't hold your breath.

### Inseam

Measure straight from the base of your crotch seam to your shoe top.

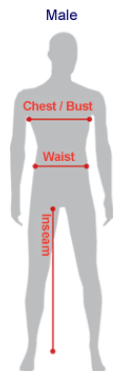


### Unisex Trousers

Whites Trousers	XS		S		M		L		XL		XXL	
Chefworks Trousers	XS		S		M		L		XL		XXL	
Waist (in)	26	28	30	32	34	36	38	40	42	44	46	48
Waist (cm)	66	71	76	81	86	91	97	102	107	112	117	122
Womens UK Size	8	10	12	14	16	18	20	22	24	26	28	30

## Jackets fitting sizes

### Find your best fit



### Chest / Bust

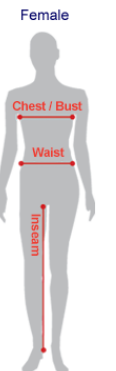
Measure over clothes when sizing coats.  
Measure around the fullest area of chest/bust and underarms.  
Keep tape straight and level.

### Waist

Measure just above your hip bone, just a bit above your belly button.  
Breathe comfortably, don't hold your breath.

### Inseam

Measure straight from the base of your crotch seam to your shoe top.



### Unisex Jackets

Whites Unisex	-	XS		S		M		L		XL		2XL		3XL		4XL		5XL		-		-	
Chef Works Unisex	-	XS		S		M		L		XL		2XL		3XL		4XL		5XL		6XL		7XL	
Chef Works Mens	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	-	-	-	-	-	-	-	-
To fit chest (in)	31	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68	70	72	74
To fit chest (cm)	79	82	87	92	97	102	107	112	117	122	127	132	137	142	147	152	157	163	168	173	178	183	188