

# Sport

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[newbury-college.ac.uk](http://newbury-college.ac.uk)



[ucn.ac.uk](http://ucn.ac.uk)



# Welcome

Welcome to Newbury College, your first choice for technical, career-focussed training.

As you look to start the next stage of your education, we are here to support you. We understand the transition from school can be daunting and our highly trained staff will guide you through the application and enrolment process, to get you on the right track to the career you want.

**#careersnotcourses**



# Why Newbury College?



## PROGRESSION-FOCUSED

- Subjects based on your chosen career
- Career-focused objectives



## SKILLS-BASED

- Fewer exams
- Different assessment methods
- Practical subjects

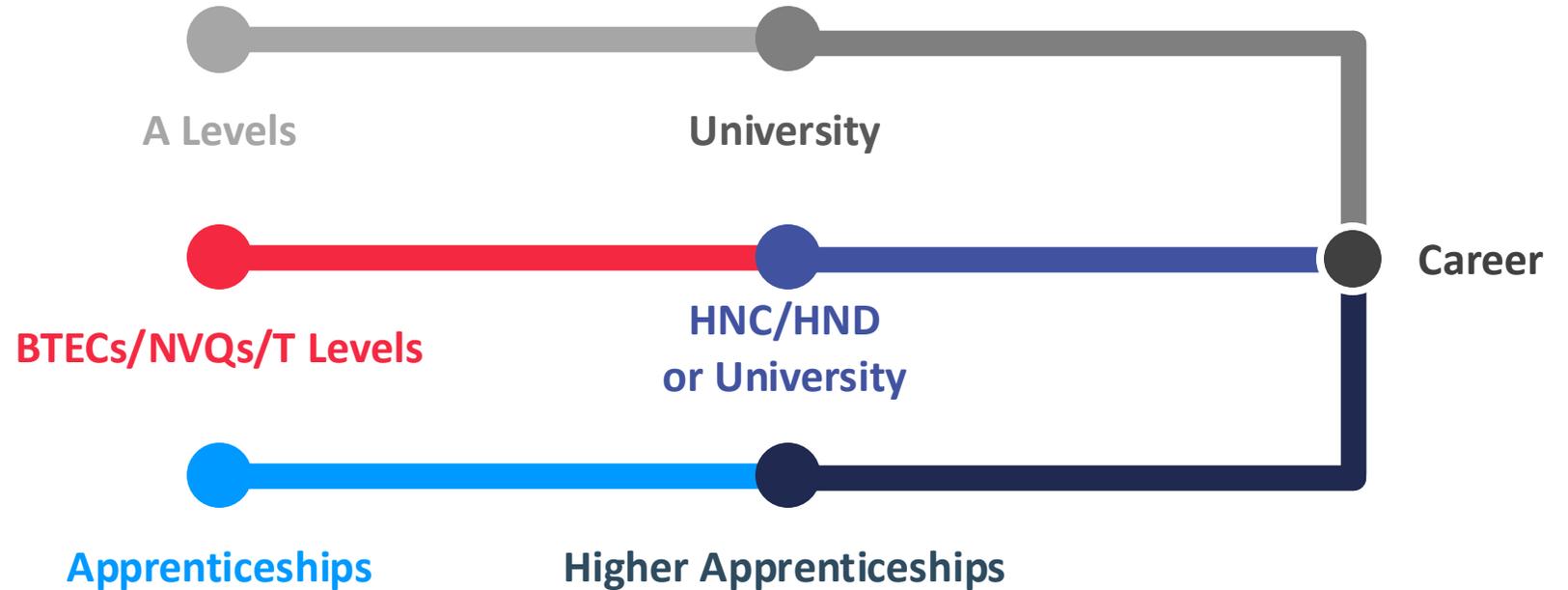


## EMPLOYER-LED

- Industry placements with excellent employers
- Curriculum influenced by businesses

# College Progression vs Sixth Form

- ✓ Faster route to your chosen career
- ✓ More options available
- ✓ Lower cost and debt-free Higher Education\*



# Your study programme

Full-time study programmes are assessed in a variety of ways, rather than just through the traditional essay and exam methods, this can be beneficial to students who prefer to be assessed differently and demonstrate their skills in other ways.

## VOCATIONAL QUALIFICATIONS

Career-focused qualifications that meet needs of employers and job sectors like **BTECs**, **NVQs** and **T Levels**.

Your **Academic Tutorial** will help you to set targets and monitor your progress.

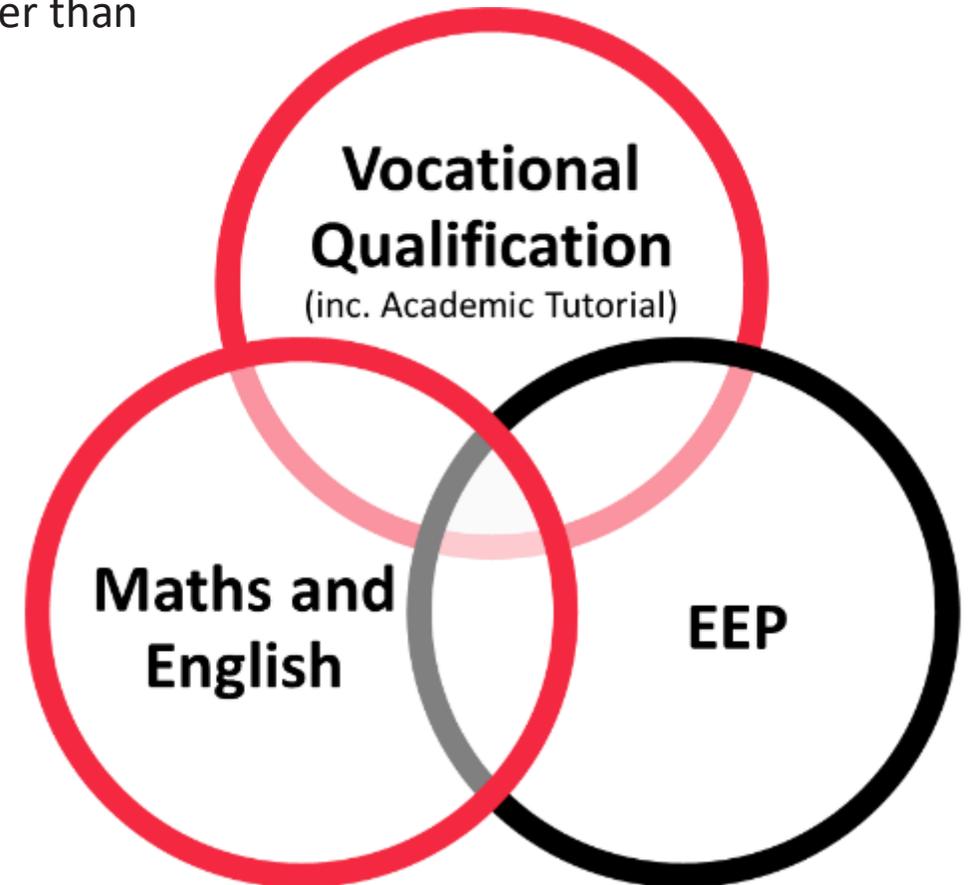
## MATHS AND ENGLISH

You may need to resit your English and/or maths qualifications. We will support you in achieving your target grade.

## EEP

EEP stands for **Employment**, **Enrichment** and **Pastoral**.

It provides you with a wide range of opportunities to enrich your learning and professional development beyond your main subject of interest. These could include sports, clubs and activities, trips and visits, work placement and work-related activity, tutorial sessions and guest speakers.



# Placements and Partnerships

## EMPLOYABILITY

A special WRA programme built into your course to learn the skills for the workplace including:

- CV and interview preparation
- vacancy and application writing
- trips and employer visits
- employer supported projects and activities
- apprenticeship and progression opportunities

## WORK PLACEMENTS

From 2 to 9 weeks in length, these often lead to jobs and part-time work alongside your course.



# Sport Pathways

The Sports Pathways on offer through Newbury College are:

- Sports Coaching
- Fitness Instructing and Personal Training
- Spectating within Sport

These three areas are key for those wanting to pursue a career in gym and leisure facilities, sports clubs and major sporting events.



# Sport Pathways

These courses investigate all aspects of the sport and leisure industry, looking into Fitness, Coaching and Safety in Sport.

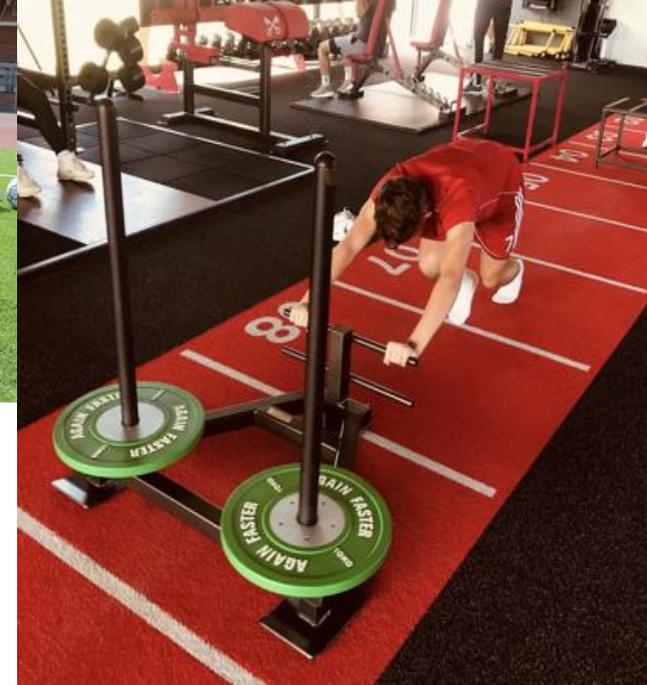
You will learn and research aspects including:

- Anatomy and physiology
- Fitness testing
- Sport coaching
- Sports nutrition
- Sports injuries
- Psychology
- Exploring Employment in the Outdoor Industry
- Preparing for Spectators Events



# Sporting Emerging Themes

- Sports Courses are an ever-growing area of interest, new themes are emerging that we want to help provide the right candidates for to help develop these areas.
- Females in Sport
- Technology in Sport
- Strength and Conditioning of Athletes
- Nutritional Guidance for Development of Strength and Power
- Across the course students will gain knowledge and understanding from staff with great expertise and experience to help progress them to a career in Sport



# Uniform and equipment

In order to achieve the highest possible grade, you are required to bring to every lesson a pen and a writing pad (books are best)

You also need to come fully prepared for all practical lessons with appropriate sports clothing.



# Visits and trips

In order to enhance the course, and to put all learning, we regularly go on visits and trips. Costs are kept down to an absolute minimum, you should be prepared to pay approximately £30 per term.



# Progression



# Assessment

This is a vocational programme and it is assessed by:

- Written assignments
- Log books
- Presentations
- Discussions
- On line quizzes
- Demonstrations



# How we can help

Tutors and support staff work closely together and with other local partners to provide you with:

- Learning support
- Progression coaching
- Health and wellbeing advice
- Financial support including free travel, meals and help with child care costs
- Careers advice
- Help with university applications



# Funding your programme



Education & Skills  
Funding Agency

## The Education & Skills Funding Agency (ESFA)

The Education & Skills Funding Agency funds adult Further Education (FE) and skills training in England. It forms part of a network of organisations in England who commission, manage and promote training for adults and young people. The ESFA funds non-levy Apprenticeships (16yrs +), work placed and classroom based learning programmes throughout England for learners aged 19 and above. If you are enrolled onto an ESFA funded programme this is match funded by the European Social Fund (ESF). The ESFA also funds programmes for individuals aged 14-19 which includes the Study Programme (16-19) and Traineeships (16-18).



European Union  
European  
Social Fund

## European Social Fund (ESF)

You may be enrolled onto a specific ESF project which will be funded by the European Union or if you are engaged onto any of our ESFA programmes, including non levy Apprenticeships, then this will be matched funded by ESF.

# Any questions?

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If you have any questions or require further information on this course or any other aspects of studying at Newbury College, please contact us.

